

Sunday 14th April 2024 - 09.30 am Bevington Bush, Liverpool - Promenade, New Brighton

RACE INSTRUCTIONS

START LINE - BEVINGTON BUSH, LIVERPOOL

FINISH LINE - IAN FRASER WALK, NEW BRIGHTON

The Tunnel 10K is a point to point race starting at Bevington Bush which is at bottom of Paul Street. The start line has shifted just a matter of yards due to overgrown trees on the normal start line. It follows a course through the Kingsway Tunnel to emerge on the Wirral side of the River Mersey where runners pass along Oakdale Road, Dock Road and Birkenhead Road to the promenade at the Wallasey ferry terminal. It the heads along the promenade to finish at lan Fraser Walk in New Brighton.

START TIME

The race will begin at 09.30am prompt. Please ensure that you are in position at the start area in plenty of time.

TRAVEL

The nearest train station to Paul Street / Bevington Bush is Moorfields and the start area is approximately a 15 minute walk from this station.

CAR PARKING

Paul Street is situated just off Vauxhall Road and the nearest official car park is located at Pall Mall (the original start line of the race). There is unsecured parking in the adjacent streets but vehicles are left at owners risk.

CAR PARKING FINISH

Please do not park in the Morrisons car park adjacent to the finish line as it is possible you will be given a parking ticket. There is plenty of parking on King's Parade just by the Clown roundabout which is a short walk from the finish line at lan Fraser Walk.

INFORMATION DESK

There will be an enquiry tent situated close to the start line in Blackstock Street.

THE COURSE

The Start and Finish locations are indicated on the maps overleaf.

TIMING

The timing service is provided by TDL Limited.

The timing chip is fixed to the back of your running number.

DO NOT TAMPER WITH IT OR REMOVE IT FROM ITS POSITION. THE TIMING CHIP IS DISPOSABLE AND NEED NOT BE RETURNED.

Results/times will be posted on the TDL web site (www.tdleventservices. co.uk) as early as possible on Sunday afternoon. If you have an enquiry about your time or position please contact TDL directly on 0845 890 8507 or e-mail info@tdleventservices.co.uk.

REMEMBER - NO CHIP, NO TIME!

BAGGAGE

If you would like your kit taking to the finish line then BAGGAGE BUSES will be situated on Blackstock Street and they will leave at 9.15am prompt.

The buses will be located at the Clown Roundabout close to the finish line at lan Fraser Walk.

Please DO NOT LEAVE ANY VALUABLES IN YOUR BAG as neither BTR Limited or ARRIVA NORTH WEST can accept responsibility for any loss or damage to personal belongings on the day.

THE BAGGAGE BUSES WILL LEAVE AT 9.15AM PROMPT.

Please make a note of which bus you use as they will be marked with a sign board A or B.

THE FINISH LINE AT MARINE POINT, NEW BRIGHTON

Due to moving the start line, the finish line will now be located at lan Fraser Walk alongside Marine Point in New Brighton. This is between Morrisons and the Clown Roundabout at King's Parade.

TRANSPORT BACK TO THE START

It is possible to take the train from New Brighton back to Liverpool and the station is a short walk from the finish line at Atherton Street.

A normal Sunday service will be in operation and trains depart to Liverpool every 30 minutes at 23 minutes and 53 minutes past the hour.

IT IS ADVISED THAT TICKETS SHOULD BE BOUGHT IN ADVANCE TO AVOID QUEUING ON THE DAY, GIVEN THE LIMITED TICKET AVAILABILITY AT THIS STATION.

FIRST AID

Will be available along the full course and in the start / finish area. Should you require first aid at any time please alert any member of the event staff who will take appropriate action. Clearly you should only take part in the race if you are physically fit enough to complete the 10K distance and under no circumstances should you take part if you are unwell or have not trained.

TOILETS

Will be located at Blackstock Street at the start line and at the finish at lan Fraser Walk.

RACE NUMBER

Your race number has been posted out to you. Please ensure you fix the number to the front of your vest. Please ensure you complete the Emergency Details on the reverse of the number before race day.

RESULTS

Provisional results will be posted on www.btrliverpool.com as soon as available / confirmed on the day.

WATER STATION

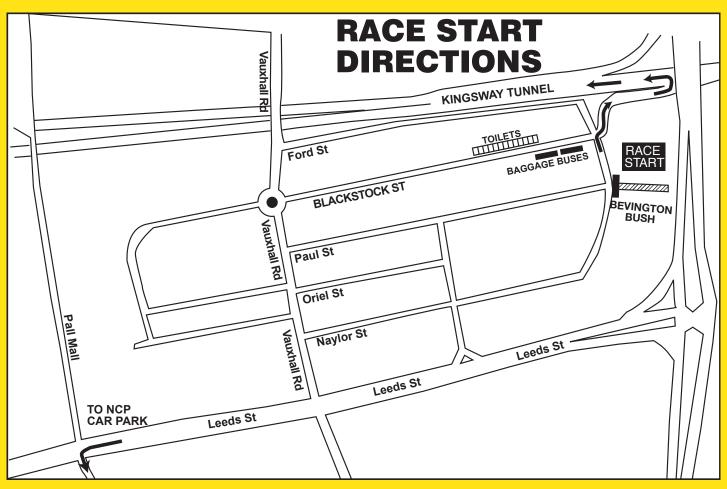
Water will be available at the 5K point just after the Seacombe Ferry terminal.

T-SHIRTS

T-shirts will be distributed at the finish line in New Brighton.

PRIZES

Prizes will be awarded to the 1st, 2nd and 3rd male and female winners on the day. Veterans category winner trophies will be awarded once the results have been confirmed.



MERSEY TUNNELIOK Sunday 14th April 2024

