



PORT SUNLIGHT 10K/5K

Sunday 11th June

5K start time 10.00am, 10K start time 11.00am

A warm welcome from Port Sunlight Village Trust.

2023 represents the 10th annual Port Sunlight Road Race. The race is an important part of Port Sunlight's events calendar. Not only does it provide vital income for Port Sunlight Village Trust, the charity responsible for the preservation of the village, but it also promotes health and wellbeing and community spirit. We are looking forward to welcoming you and your family to the village on Sunday 11th June and wish you a safe and enjoyable race. If you would like to find out more about the unique heritage of our village, why not visit the Port Sunlight Experience and explore the Museum, Workers Cottage and SoapWorks. Runners in all categories are entitled to free entry on production of your race number. This offer will end on December 1st 2023.

If you would like to support our work in this iconic village you can play our weekly Port Sunlight Lottery.

For just £2.00 per week you have the chance to win £1,000.

For more information about Port Sunlight Village Trust and the village in general visit:
www.portsunlightvillage.com or follow us on:

Facebook: **Port Sunlight Village Trust** | Twitter: **@PortSunlight** |
Instagram: **@PortSunlightVillageTrust**

GETTING TO THE START - BY RAIL. Port Sunlight Village is served by both Port Sunlight and Bebington train stations on the Wirral line. The start / finish area at Windy bank is just a short walk from either station.

BY ROAD FROM LIVERPOOL. Use the Queensway (Birkenhead Tunnel) then follow the signs for Port Sunlight,

PARKING - PLEASE DO NOT PARK WITHIN PORT SUNLIGHT VILLAGE. There is additional information at the end of this email about car parking on the day at one of four designated car parking locations around the village.

There will be road closures in place from 8.00am on race day and the roads will not reopen until the conclusion of the event. No traffic movement will be permitted while the event is in progress.

BY ROAD FROM THE M53. Leave the M53 at Junction 5 and follows the directional signs to Port Sunlight.

START / FINISH AREA. The start and finish area is in the very heart of the village at Windy Bank alongside the recreational field between King George's Drive and Church Drive. The races are run in a clockwise direction, see course map for further details.

START TIMES. The 5K race will commence at 10.00am. The 10K race will start at 11.00am.

BAGGAGE. There will be a baggage tent on the main field.

TOILETS. These will be located on Church Drive close to the primary school.

DRINKS. Water will be available at the 5K point for 10K runners and at the finish line for both races.

THE COURSE. The 5K course is one lap of the full road network in the village and the 10K is two laps.

PLEASE DO NOT WEAR HEADPHONES IN THE 10K.

As the 10K is a two course course you will need to be aware of instructions being given from behind by event staff if you are about to be lapped by lead runners if you are near the rear of the field.

If you wear headphones you cannot hear this instruction. this is why you are asked not to wear headphones. It is for your safety and the safety of other runners.

FIRST AID. Medical support will be provided by Spark Medical who will be based close to the start area by the fountain. There will also be mobile medical support around the course.

IF YOU FEEL UNWELL or unable to continue at any point then please seek assistance from any member of the event team.

THE FINISH. As you cross the finish line your race time will automatically be recorded. To assist with identification please wear your number on THE FRONT of your running vest or t shirt.

MEDALS / T SHIRTS. Both will be awarded to all finishers upon completion of their race. T shirts can be collected before the race start but you will need your race number which will be marked to confirm collection. The t shirt tent will be in the middle of the finish area.

DUAL RACE RUNNERS. Please use your dual race number for both races. You can collect your dual race medal at the completion of the 10K race.

RACE TIMING / RESULTS. Will be provided by TDL Event Services. Shortly after the completion of your race you should receive a confirmation text of your finish time. All results can be found on www.tdleventservices.co.uk

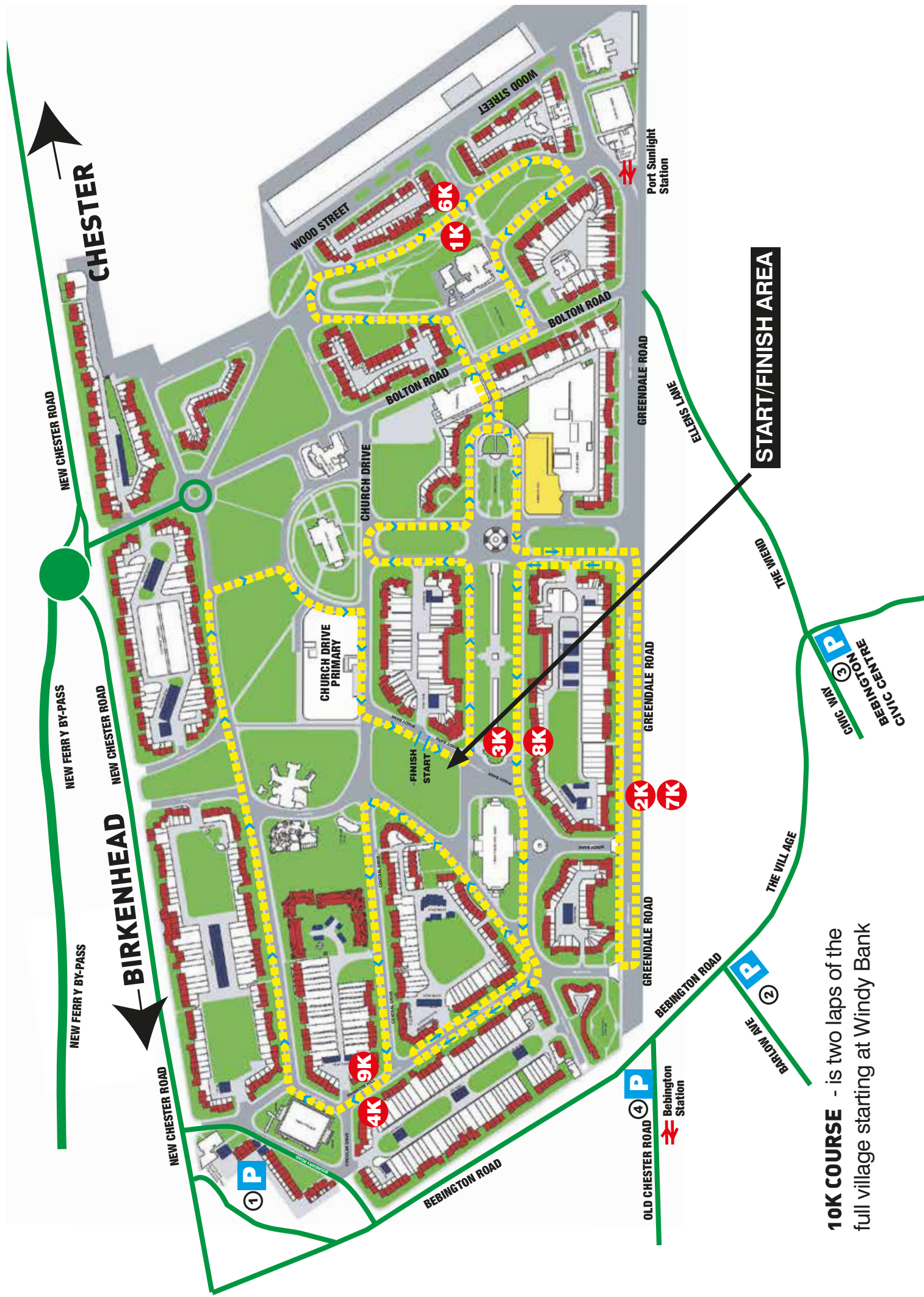
PRESENTATION / PRIZES. There will be a top three presentation in the finish area for both 10K and 5K winners (male and female) around 11.15am. All age category winners will receive their trophies through the post once all results have been reviewed and confirmed post race.

EVENT ENQUIRIES. If you need any information on the day there will be an enquiry tent situated in the start / finish area at Windy Bank.

KIDS 1K FUN RUN. As in previous years there will be a Kids 1K fun run shortly after the completion of the 10K. Entry will be on the day at £5 and all finishers will receive a medal and confectionery at the finish. There is no age restriction but children must be accompanied by a parent or guardian around the course.

The roads will remain closed for the fun run.





10K COURSE - is two laps of the full village starting at Windy Bank

PORT SUNLIGHT 10K/5K

PARKING INFORMATION

As the Port Sunlight 5K race starts at 10.00am the road closures within Port Sunlight Village will be in place from 8.00am until 2.00pm.

PLEASE USE ONE OF THE FOUR NEARBY LOCATIONS FOR PARKING.
ALL ARE JUST A SHORT WALK FROM THE START / FINISH AREA.



Parking options outside Port Sunlight Village

Please refer to map on the back of Race Instructions for approximate positions of car parks.

1. New Ferry Precinct.

Capacity approximately 150 vehicles.

Exit the car park onto Boundary Road which is the top end of the Village. Cross Circular Drive toward Primrose Hill and then Central Road. The start and finish area is at Windy Bank at the end of Central Road. Couple of minutes walk.

2. Barlow Avenue.

Capacity approximately 120 vehicles.

From Barlow Avenue walk towards Bebington Station and then under the railway arch at the traffic lights. After the arch turn right into Greendale Road and after about 150 metres you will see one end of Windy Bank. The start and finish area is on the other side of the Lady Lever Art gallery. Couple of minutes walk.

3. Bebington Civic Centre.

Capacity approximately 180 vehicles.

Just off Church Road, Civic Way is about five minutes walk to the start / finish area. Exit Civic Way and turn left onto Church Road. Cross over and take The Wiend to Ellen's Lane then pass underneath the railway line crossing over on to Bolton Road. Following the road to Church Drive at the junction of Hulme Hall & The Bridge Inn. Continue along Church Drive to reach the Start Point.

4. Bebington Station.

Capacity approximately 40 vehicles.

From the car park turn left and then immediately right on to Greendale Road. Either the first or second access road on the left will take you to the Lady Lever Art Gallery. The start area is just alongside the Art Gallery at Windy Bank.

